



Studio News

WHAT'S IN THIS MONTH'S ISSUE:

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- Upcoming Events

THE OAK HOUSE THROUGH THE AGES

Written by The Hatfield Edit

The Oak House at Hatfield Park was the vision of Robert Arthur Talbot Gascoyne-Cecil, the third Marquess of Salisbury. Famous for being Prime Minister to Queen Victoria, the Marquess served as Prime Minister for the United Kingdom on 3 separate occasions, for a total of 13 years.

Originally named Countess Anne's School, the building was erected by the third Marquess in 1869, its high quality architecture and details were influenced by the nearby Old Palace, where Queen Elizabeth 1st famously spent a happy childhood. The red brickwork and windows in particular emulate styling from the Old Palace, or the Great Stables, as the building was known in those days. A Hatfield builder by the name of Chapman was in charge of the project, whilst the woodwork was completed by Estate staff.

Countess Anne's charity school was founded by the wife of the Fifth Earl of Salisbury in the early 18th century. Countess Anne was known to possess a controlling spirit, evidenced in one of the rules of the school –

'That if any of the Charity-Children are absent from School three Days in one Month (times of Breaking up, a Month in Harvest and Sickness excepted) to be Expelled. Also in case they are guilty of Swearing, Pilfering, or any other disorderly Behaviour, as well as out of School as in School; And likewise if they are not kept Neat and Clean'



Local History

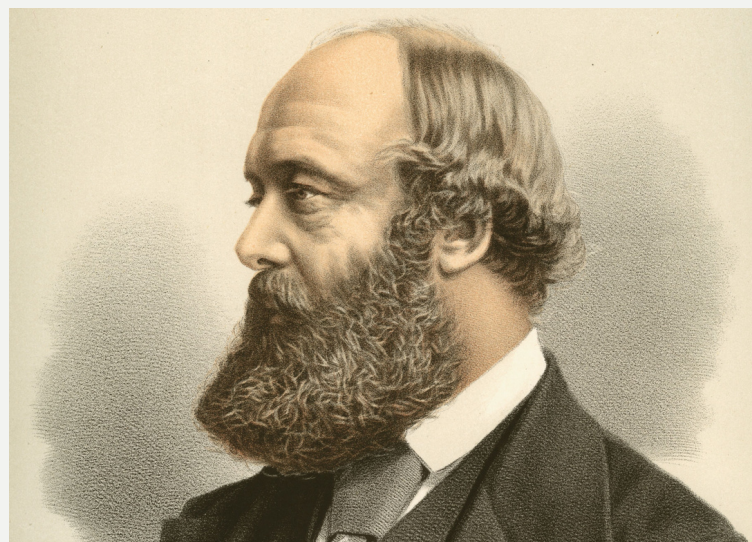


The building served as a temporary place of worship in 1871-1872, when the Third Marquess restored the neighbouring parish church. It is sometimes incorrectly asserted that it was first built for this purpose but its original use was for the school. The school ceased to exist in 1912 but was quickly re-established in 1913 when the Church of England Infants' School moved into the Countess Anne building, under the control of the local education authority.



It was requested that it should be known as the Church of England Infants' School, however habit prevailed and it was still referred to as Countess Anne's, which was gradually adopted as its official name.

The school moved to a site in Hatfield town centre in 1962, and the building was converted for use as a church hall, being opened by Lord Salisbury in 1965. The lease of the hall was surrendered by the parish in 2017.



Today the The Oak House is a thriving local business and an integral part of the Hatfield Park vibrant community, providing a stunning location and ambience for a wellness studio. The Oak House Studio and Therapies is managed by husband and wife team Graham and Keeley who offer a different wellbeing experience focussed around the 'age of the new gentle'.



Upcoming Events



FAREWELL SUMMER RETREAT

Early bird offer ends 13th Aug
10th Sept 10:30 - 16:30

Join Louise for her 'Summer Farewell Retreat' to: cultivate a positive attitude towards the turning of the seasons, connect into the abundance and gratitude and lessons learned from the summer, find inspiration and motivation to rekindle a routine that supports your well-being, receive deep rest and nourishment, develop strength and resilience in body and mind, be held and nurtured in a safe space to explore your inner world.

MINI SINGING RETREAT

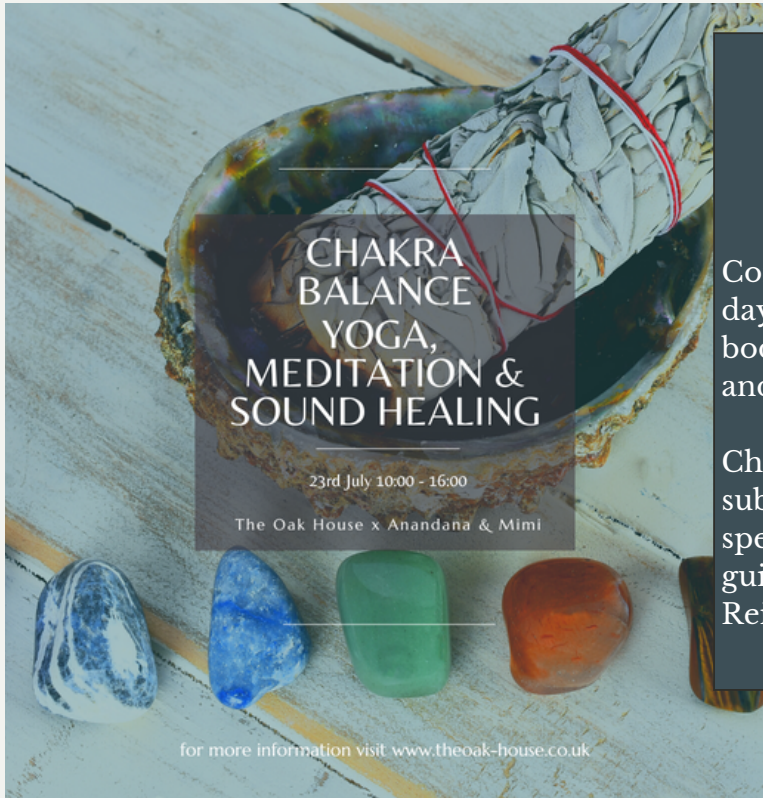
Saturday 22nd July 13:30 - 16:30

Singing Mamas Choir CIC is a not-for-profit organisation specialising in Women's Singing Circles to improve connection, mental health and general well-being for all women - Mothers, Non-Mothers, Pregnant Women, Grandmas, Aunties, Elders, Young women.

All Women who want to feel uplifted, and connected through singing together - and a cup of tea and cake of course!



Upcoming Events



CHAKRA BALANCE YOGA, MEDITATION & SOUND HEALING

23rd July 10:00 - 16:00

The Oak House x Anandana & Mimi

for more information visit www.theoak-house.co.uk

CHAKRA BALANCE DAY RETREAT

Sunday 23rd July 10:00 - 16:00

Come along and spend a beautiful summer's day healing the main energy centres of your body. Calm and centre your physical, mental and emotional self.

Channel more confidence and balance the subtle energies of the Chakra system by spending a day exploring nature, yoga practice, guided meditation, breath work and a powerful Reiki Fire Drumbeat sound healing.

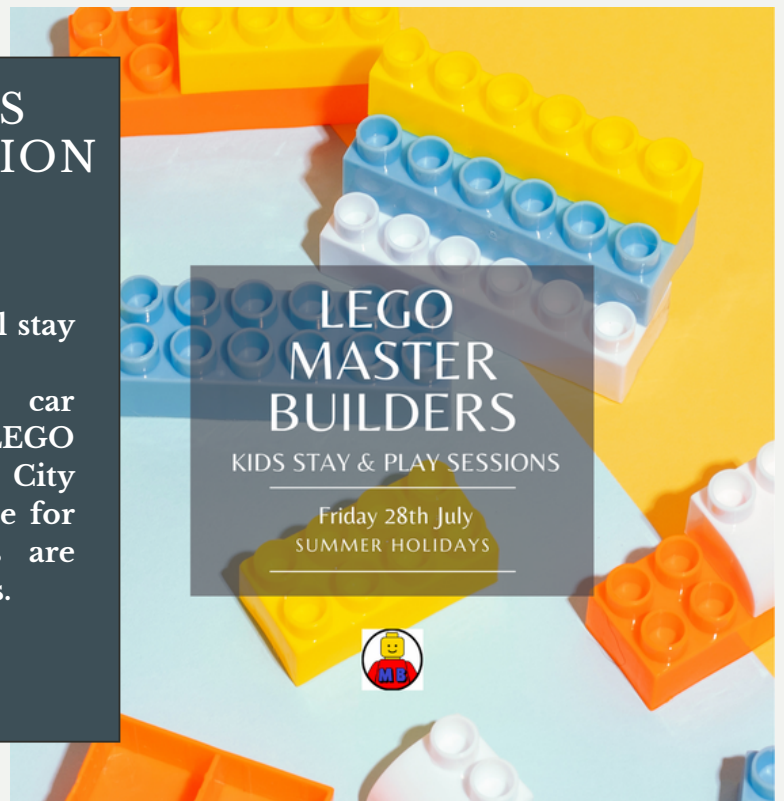
LEGO MASTER BUILDERS SUMMER HOLIDAY SESSION

Fri 28th July

Come and join us for these fun, informal stay and play sessions.

Activities available will include race car building and racing on our ramp. LEGO Mosaics, Bionicals, Trains, Games & City Building. We will have DUPLO available for smaller LEGO fans but the sessions are primarily aimed at reception age upwards.

Each session duration is an 1 hour 15mins.



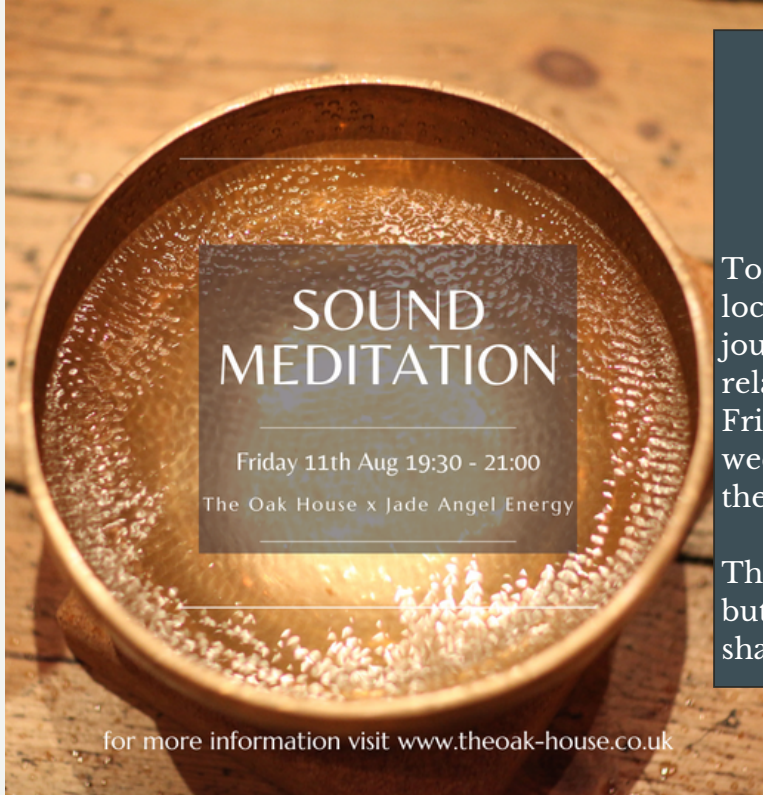
LEGO MASTER BUILDERS

KIDS STAY & PLAY SESSIONS

Friday 28th July
SUMMER HOLIDAYS



Upcoming Events



SOUND MEDITATION

Friday 11th Aug 19:30 - 21:00

The Oak House x Jade Angel Energy

for more information visit www.theoak-house.co.uk

SOUND MEDITATION

Friday 11th Aug 19:30 - 21:00

Together with The Oak House's magical location and Jade's abilities to assist you on journey into a deep meditative state of relaxation, you can be assured that these limited Friday night sound sessions will start your weekends peacefully, letting go of the stresses of the week.

The sound frequencies that Jade uses, includes but not limited too; gongs, crystal bowls, shamanic drums, harps, chimes and rattles.

HAPPY BODY PILATES SUMMER DAY RETREAT

Sunday 20th Aug 10:45 - 16:00

The day retreat is the perfect way to focus on your wellbeing & hone your Pilates practice. There will be three in-depth sessions giving you the chance to explore some of the hidden magic the Pilates exercises have to offer.

The day will look something like this:

Welcome tea & coffee, Reformer & mat circuit class, Healthy lunch, Walk around Hatfield Park or optional treatment, The power of tactile feedback mat class, Break, Breathe & move mat & small equipment class, Optional treatment or depart



HAPPY BODY PILATES SUMMER DAY RETREAT

Sunday 20th August 10:15 - 16:00

The Oak House x Kerry

for more information visit www.theoak-house.co.uk

FOR DETAILS ON THESE EVENTS OR OTHERS VISIT:

www.theoak-house.co.uk